



# MIDLETON RFC ANTI-DOPING POLICY

Midleton RFC fully recognises its responsibility to remain vigilant at all times to the threat of performance enhancing drugs in the sport of rugby football and implements an anti-doping policy in line with the IRFU, Irish Sports Council (ISC), World Rugby and World Anti-Doping Agency (WADA) regulations and guidelines.

## Education

Keep Rugby Clean: The IRFU support anti-doping and advise all players to participate in the World Rugby KEEP RUGBY CLEAN e-learning programme: <http://keeprugbyclean.worldrugby.org/>

Irish Sports Council: The ISC provide an excellent education platform online: <http://www.irishsportsCouncil.ie/Anti-Doping/Education-Zone/>

## Anti-Doping Officer

If you have any queries in relation to anti-doping, please contact Midleton RFC's Club Medical Officer/Anti-Doping Officer: Dr. Diarmuid Mulcahy (086 8093326) or the IRFU: Gordon Black (IRFU Anti-Doping Officer) [gordon.black@irfu.ie](mailto:gordon.black@irfu.ie)

## WADA Rules

<http://www.irishsportsCouncil.ie/Anti-Doping/2015-Anti-Doping-Rules/>

## WADA Prohibited List

<http://list.wada-ama.org/>